

Reviving Hope Ministries

Client Intake Form

Please note that the information is important for your care. Please fill out forms as completely as possible and have them ready before your first counseling session.

ADULT INTAKE FORM

Name: _____

Address _____

Phone _____ . Email _____

Date of Birth: _____ Age: _____ Gender: _____

Employer _____ . Years at Current job _____

Occupation: _____ Years in field: _____

MARITAL STATUS

- Single
 Married (legally)
 Divorced
 Cohabiting
 Divorce in process
 Separated
 Widowed

Length of current marriage/relationship: _____

Assessment of current relationship if applicable: Poor _____ Fair _____ Good _____

How many times have you been married? _____

CURRENT HOUSEHOLD AND FAMILY INFORMATION

| Name | Relationship (parent, spouse, child, sibling) | Age | Sex | Type (bio, step, etc) | Living with you? Y/N |
|------|--|-----|-----|-----------------------------|-------------------------------|
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EDUCATION

Years of education completed: _____

Currently enrolled in High School/GED? (Y/N) _____ College? (Y/N) _____

Vocational? (Y/N) _____ Graduate School? (Y/N) _____

Other training? (Y/N) ___ If yes, what training? _____

Any Special Circumstances regarding education? _____

MILITARY

Military experience? Y/N _____ Combat experience? Y/N _____

Where: _____ Branch: _____

Length of service: _____ Type of discharge: _____

Rank at discharge: _____

PERSONAL STRENGTHS

What activities do you enjoy and feel you are successful when you try? _____

What personal qualities would others say you have? _____

Who are some of the influential and supportive people, activities (e.g. walking) or beliefs (e.g. religion) in your life? (Please describe) _____

COUNSELING/MEDICAL HISTORY

Have you previously seen a counselor? Yes No

If Yes, where: _____

Approximate Dates of Counseling: _____

For what reason did you go to counseling? _____

Do you have a previous mental health diagnosis? _____

What did you find **most helpful** in therapy? _____

What did you find **least helpful** in therapy? _____

Have you used psychiatric services? Yes _____ No _____

If yes, who did you see? _____

If yes, was it helpful? N/A _____ Yes _____ No _____

Have you taken medication for a mental health concern? Yes _____ No _____

| Name of medication | Dates taken | Was it helpful? Y/N |
|--------------------|-------------|------------------------|
| | | |
| | | |
| | | |

Do you have other medical concerns or previous hospitalizations? Y/N _____

If so, please describe. _____

CHEMICAL USE AND HISTORY

Do you currently use alcohol? _____Yes, _____No

If yes, how often do you drink? _____Daily, _____Weekly, _____Occasionally, _____Rarely

If yes, how much do you drink? _____(# per time.

Do you currently use Tobacco? _____Yes, _____No

If yes, how much do you smoke/chew? _____

Do you currently use any other drugs? _____Yes, _____No

If yes, what drugs do you use? _____

If yes, how often do you use? _____Daily, _____Weekly, _____Occasionally, _____Rarely

Have you received any previous treatment for chemical use? Y/N _____

If so, where did you go? _____
_____Inpatient _____Outpatient

LEGAL ISSUES

Please list any legal issues that are affecting you or your family at present, or have had a significant effect upon you in the past. _____

CURRENT REASON FOR SEEKING COUNSELING

Briefly describe the problem for which you are seeking to have counseling for? _____

WHEN DID THESE SYMPTOMS FIRST OCCUR? _____

What would you like to see happen as a result of counseling? _____

What is most concerning right now? _____

FAMILY HISTORY

What word would you use to describe your family of origin? _____

Are you aware of any birth trauma your mom had during her pregnancy with you, or from age 0-3?

Did you experience any abuse as a child in your home (physical, verbal, emotional, or sexual) or outside your home? Please describe as much as you feel comfortable. _____

Have you experienced any abuse in your adult life (physical, verbal, emotional, or sexual)?

FAMILY CONCERNS

Please check any family concerns that your family is currently experiencing.

| | | | |
|--------------------------|-----------------------------------|--------------------------|-----------------------------|
| <input type="checkbox"/> | fighting | <input type="checkbox"/> | Disagreeing about relatives |
| <input type="checkbox"/> | feeling distant | <input type="checkbox"/> | Disagreeing about friends |
| <input type="checkbox"/> | Loss of fun | <input type="checkbox"/> | Alcohol use |
| <input type="checkbox"/> | Lack of honesty | <input type="checkbox"/> | Drug use |
| <input type="checkbox"/> | Physical fights | <input type="checkbox"/> | Infidelity (couple) |
| <input type="checkbox"/> | Education problems | <input type="checkbox"/> | Divorce/separation |
| <input type="checkbox"/> | Financial problems | <input type="checkbox"/> | Issues regarding remarriage |
| <input type="checkbox"/> | Death of a family member | <input type="checkbox"/> | Birth of a sibling |
| <input type="checkbox"/> | Abuse/neglect | <input type="checkbox"/> | Birth of a child |
| <input type="checkbox"/> | Inadequate housing/feeling unsafe | <input type="checkbox"/> | Inadequate health insurance |
| <input type="checkbox"/> | Job change or job dissatisfaction | <input type="checkbox"/> | Other |

Other concerns not listed above _____

INDIVIDUAL CONCERNS

| SYMPTOM | NONE | MILD | MOD | SEVERE | SYMPTOM | NONE | MILD | MOD | SEVERE |
|---------------------|------|------|-----|--------|---------------------------------------|------|------|-----|--------|
| SADNESS | | | | | APPETITE CHANGES | | | | |
| CRYING | | | | | WEIGHT CHANGES (UNPLANNED CHANGES) | | | | |
| SLEEP DISTURBANCES | | | | | PARANOID THOUGHTS | | | | |
| DISSOCIATION | | | | | POOR CONCENTRATION | | | | |
| HYPERACTIVITY | | | | | INDECISIVENESS | | | | |
| Eating Issues | | | | | LOW ENERGY | | | | |
| DECREASED SEX DRIVE | | | | | EXCESSIVE WORRRY | | | | |
| UNRESOLVED GUILT | | | | | LOW SELF WORTH | | | | |
| IRRITABILITY | | | | | ANGER ISSUES | | | | |
| NAUSEA/INDIGESTION | | | | | SPIRITUAL CONCERNS | | | | |
| SOCIAL ANXIETY | | | | | HALLUCINATIONS | | | | |
| SELF MUTALATION | | | | | RACING THOUGHTS | | | | |
| IMPULSIVITY | | | | | RESTLESSNESS | | | | |
| NIGHTMARES | | | | | EASILY DISTRACTED | | | | |
| HOPELESSNESS | | | | | DECREASED CREATIVITY | | | | |
| MOOD SWINGS | | | | | TRAUMA FLASHBACKS | | | | |
| DISORGANIZED | | | | | WORK ISSUES | | | | |
| SOCIAL ISOLATION | | | | | PANIC ATTACKS | | | | |
| PHOBIAS | | | | | FEELING ANXIOUS | | | | |
| OBSESSIVE THOUGHTS | | | | | FEELING PANICKY | | | | |
| GRIEF | | | | | SUICIDAL THOUGHTS | | | | |
| HEADACHES | | | | | PAST SUICIDE ATTEMPTS | | | | |
| LONELINESS | | | | | OTHER | | | | |

ADDITIONAL INFORMATION

Is there anything else you would like to share: _____
